



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULES: JANUARY 7, 2018 - FEBRUARY 3, 2019

YMCA OF DEKALB COUNTY FAMILY POOL

NOTES	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Fitness: Please see Fitness class schedule and descriptions.	1:00pm - 2:45pm Open Swim	1:00pm - 2:45pm Open Swim	1:00pm- 3:45pm Open Swim	1:00pm - 2:45pm Open Swim	1:00pm - 4:00pm Open Swim	7:30am - 12:30pm Swim Lessons	1:00pm - 5:00pm Open Swim
	4:45pm - 8:00pm Open Swim	4:30pm- 8:00pm Open Swim	4:00pm- 8:00pm Swim Lessons	4:45pm- 8:00pm Open Swim	6:00pm- 8:00pm Open Swim	1:00pm - 4:00pm Open Swim 5:00pm 8:00pm Open Swim	

YMCA OF DEKALB COUNTY LAP POOL

There will be a DHS swim meet in the lap pool on Thursday, 1/13.	5:15am* -9:30am Lane swim	5:15am* -9:00am Lane swim	5:15am* -9:30am Lane swim	5:15am* -9:00am Lane swim	5:15am* -9:30am Lane swim	10:00am- 12:00pm 2 Lane Swim/ Open Swim	2:00pm- 4:00pm 2 Lane Swim/ Open Swim
	11:30am- 1:00pm Lane Swim	11:30am- 1:00pm Lane Swim	11:30am- 1:00pm Lane Swim	11:30am- 1:00pm Lane Swim	11:30am- 1:00pm Lane Swim		
	4:00pm- 7:00pm Swim Practice	4:00pm- 7:00pm Swim Practice	4:00pm- 5:30pm Swim Practice	4:00pm - 7:00pm Swim Practice	4:00pm 6:30pm Swim Practice	12:15pm- 2:00pm 2 Lane Swim/ Open Swim	
* 7:00am-7:15am there will be a mandatory lifeguard break	7:00pm- 8:00pm Lane Swim	7:00pm- 8:00p Aquafitness/ 2Lane Swim	5:30pm- 8:00pm Open Swim/ 2 Lane Swim	7:00pm- 8:00pm Aquafitness/ 2Lane Swim	6:30pm- 8:00pm Lane Swim		

OPEN SWIM: A child must be 8 years old or in the company of an adult in the pool area. If the child is 5 or under an adult **MUST** be in the water with them.

LANE SWIM: A time for constant lap swimming in lanes. Swimmers must be prepared to share lanes with other lane swimmers.

PRIVATE LESSONS: Open to members only. Please see member services for prices and availability or call 925-9622

CURRENT SWIM LESSONS: January 9 - March 2, 2019 **NEXT SESSION:** March 6 - April 27, 2019

Member sign ups: December 17; **Non-member sign ups:** December 20

MEMBERS FEES: \$25 / 8 week session

NON-MEMBERS FEES: \$45 / 8 week session

(a session consists of 7 lessons, with one "play day" unless a lesson had to be canceled for any reason)

