



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March 2nd – March 29th, 2020

YMCA of DeKalb County Family Pool

Notes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Fitness: Please see Fitness Flyer for class description	7:30a-9:00a Water Fitness	9:00a-10:00a YMCA Childcare	7:30a-9:00a Water Fitness	9:00a-10:00a YMCA Childcare	7:30a-9:00a Water Fitness	7:30a-12:30p Swim Lessons	1:00p-5:00p Open Swim
	9:00a-10:00a Open Swim	10:30a-11:30a Water Fitness	9:00a-10:00a Community Programming	10:30a-11:30a Water Fitness	9:00a-10:00a Open Swim	1:00p-8:00p Open Swim	
	1:00p-8:00p Open Swim	1:00p-3:00p Open Swim	10:00a-11:00a YMCA Childcare	1:00p-3:00p Open Swim	10:30a-11:30a Water Fitness		
		3:15p-4:30p End Zone	1:00p-3:00p Open Swim	3:15p-4:30p End Zone	1:00p-8:00p Open Swim		
		4:30p-8:00p Open Swim	4:00p-8:30p Swim Lessons	5:00p-8:00p Open Swim			

YMCA of DeKalb County Lap Pool

7:00a-7:15a there will be a mandatory lifeguard break.	5:15a-9:30a Lane Swim	5:15a-9:30a* Lane Swim	5:15a-9:30a* Lane Swim	5:15a-9:30a* Lane Swim	5:15a-9:30a* Lane Swim	10:00a-12:00p Open Swim	2:00p-5:00p Open Swim
	11:30a-1:00p Lane Swim	11:30a-1:00p Lane Swim	11:30a-1:00p Lane Swim	11:30a-1:00p Lane Swim	11:30a-1:00p Lane Swim	12:15p-2:00p Open Swim	
	5:30p-7:00p Dolphins Practice	5:30p-7:00p Dolphins Practice	5:15p-8:00p Open Swim	5:30p-7:00p Dolphins Practice	5:30p-7:00p Dolphins Practice		
	7:00p-8:00p Open Swim	7:00p-8:00p Water Fitness/ 2 Lane Swim		7:00p-8:00p Water Fitness/ 2 Lane Swim	7:00p-8:00p Open Swim		

Open Swim: A child must be 8 years old or in the company of an adult in the pool area. If the child is 5 or under an adult MUST be in the water with them.

Lane Swim: A time for Constant lap swimming in lanes. Swimmers must be prepared to share lanes with other lane swimmers.

Private Lessons: Open to members only. Please see Member Services for prices and availability or call 925-9622

Next Session: April 27th – June 21st, 2020

Member sign-ups: April 20th

Non-member sign-ups: April 23rd

Member Fees: \$25 / 8-week session

Non-member Fees: \$45 / 8-week session

(A session consists of 7 lessons, with one "play day" unless a lesson had to be cancelled for any reason.)